

	WIC Cash-Value Check (WIC CVC)	WIC Farmers Market Nutrition Program (WIC FMNP)	Senior Farmers Market Nutrition Program (Senior FMNP)	Supplemental Nutrition Assistance Program (SNAP, formerly know as Food Stamps)	Produce Plus
Who is eligible? <i>Participants must:</i> 1. Meet income requirements 2. Live in DC	<ul style="list-style-type: none"> • Pregnant women • New moms • Children up to 5 years old 	<ul style="list-style-type: none"> • Pregnant women • New moms • Infants (6-12 months) • Children up to 5 years old 	<ul style="list-style-type: none"> • Seniors 60 years and older who participate in Grocery Plus (CSFP). 	<ul style="list-style-type: none"> • Individuals and families who meet SNAP program eligibility requirements 	<ul style="list-style-type: none"> • DC residents who participate in SNAP, WIC, Medicaid, Medicare QMB, SSI, TANF, or Grocery Plus
What do participants get?	Checks to purchase fruits and vegetables (<i>benefit amount is determined by participant category</i>).	\$30 for the summer (six \$5 checks) to buy fresh fruits, vegetables, and herbs from the farmers market.	\$50 for the summer (ten \$5 checks) to buy fresh fruits, vegetables, herbs, and honey from the farmers market.	If you are approved for SNAP your benefits can be used to purchase a wide range of eligible food items including meat, cheese, bread, fruits, and vegetables.	Produce from assigned market (participant choice), delivery (limited) or prepacked produce box (Value of \$20).
Where are benefits redeemed?	Any WIC-approved store or farmer	Approved farmers at farmers markets	Approved farmers at farmers markets	SNAP is accepted at most grocery stores, convenience stores, some farmers' markets, and some online stores.	Assigned vendor at a farmers market OR at a community pickup site/delivery.
When are benefits distributed?	Eligible participants receive their WIC CVC and other food checks monthly during a certification period.	Eligible participants receive a one-time allotment of checks that can be used between June 1- Oct 31.	Participants receive a one-time allotment of checks, with their Grocery Plus boxes, that can be used between June 1- Oct 31.	Eligible participants receive their SNAP benefits monthly during a certification period. Benefits are automatically loaded onto an Electronic Benefit Transfer (EBT) Card.	Participants are assigned a Produce Plus site and pick-up their benefits (produce) at designated sites between June 1 – Sept 30.
How does someone sign up?	Contact DC WIC 202-442-9397 info.wic@dc.gov www.dcwic.org	Contact DC WIC 202-442-9397 info.wic@dc.gov www.dcwic.org	Contact Grocery Plus 202-921-7471 No email www.capitalareafoodbank.com	Contact DC SNAP (202) 807-0405 No email https://dhs.dc.gov/snapinfo	Contact Produce Plus 202-888-4834 No email Signup.dcgreens.org <i>*Produce Plus enrollment has ended for 2021</i>

Some farmers markets match program benefits! For more information go to the market's information tent or website.