

# COMPOSTING IN THE DISTRICT

DC WIC



## WHAT IS COMPOSTING

Composting transforms your food waste and yard trimmings into material that enriches your soil. So much of what you put into your trash can could be composted. Composting keeps these materials out of landfills where they take up space and release methane, a potent greenhouse gas.

Source: [epa.gov](http://epa.gov)

## HOW DOES IT WORK

You can drop off your compost for FREE at designated farmers markets in the district. Just collect your food waste and bring it to the market every week. We recommend storing your food scraps in a sealed container, or in your freezer to prevent odors and bugs.

## WHERE TO DROP OFF COMPOST IN DC

There are participating Farmers Markets in each Ward! Visit [zerowaste.dc.gov/foodwastedropoff](http://zerowaste.dc.gov/foodwastedropoff) for the most up-to-date information on market locations. If you don't see your location check you local market to see if they accept compost!

## WHAT CAN YOU COMPOST

You can compost a variety of things such as fruits, vegetables, crushed egg and nut shells, bread and so much more. It is best to chop items into smaller pieces as this makes the decomposition process much easier!

Source: [dpw.dc.gov](http://dpw.dc.gov)

### ACCEPTED ITEMS

-  Fruit, Vegetables, Crushed Egg Shells
-  Coffee Grounds, Tea Bags
-  Nut Shells
-  Breads, Grains, Cereals, Rice, Pasta
-  Household Flowers

### NOT ACCEPTED ITEMS

-  Meat, Bones, Grease, Lard, Oils
-  Dairy (Milk, Cheese, Yogurt)
-  Plastic Bags, Wraps or Film
-  Foam Polystyrene
-  Recyclables (Plastic, Metal, Glass, Foil)

## Interested in composting at home?

Learn more here;  
<https://zerowaste.dc.gov/homecomposting>

Connect to our farmers market page on [dcwic.org](http://dcwic.org) by scanning the QR code!

