



DC WIC Formula Tailoring Guide

Maximum Number of Cans Allowed Per Breastfeeding/Age Category



WIC Formula Contract is only for standard, routine milk-based and soy-based infant formula

The DC WIC Formula Contract is with Abbott Nutrition

This institution is an equal opportunity provider.

Contract Formula	Form	Reconstituted Oz/Container	Mostly-Breastfed*				Some-Breastfed & Fully Formula Fed			
			0-1 mo.	1-3 mo.	4-5 mo.	6-11 mo.	0-1 mo.	1-3 mo.	4-5 mo.	6-11 mo.
Similac Advance 20 kcal/oz.	12.4 oz. Powder	90	1	1-4	1-5	1-4	2-9	5-9	6-10	5-7
	13 oz. Concentrate	26		1-14	1-17	1-12	5-31	15-31	18-34	13-24
	32 oz. (1 qt.) RTU	32		1-12	1-14	1-10	4-26	13-26	15-28	11-20
Similac Sensitive 20 kcal/oz.	12.5 oz. Powder	90	1	1-4	1-5	1-4	2-9	5-9	6-10	5-7
	32 oz. (1 qt.) RTU	32		1-12	1-14	1-10	4-26	13-26	15-28	11-20
Similac Soy Isomil 20 kcal/oz.	12.4 oz. Powder	90	1	1-4	1-5	1-4	2-9	5-9	6-10	5-7
	13 oz. Concentrate	26		1-14	1-17	1-12	5-31	15-31	18-34	13-24
	32 oz. (1 qt.) RTU	32		1-12	1-14	1-10	4-26	13-26	15-28	11-20

Max Monthly Allowance (MMA) per month for fluid ounces of infant formula:

Formula Type	Mostly Breastfed Infants			Some-Breastfed & Fully Formula Fed Infants		
	1-3 Months*	4-5 Months	6-11 Months	0-3 Months	4-5 Months	6-11 Months
Powder (reconstituted)	435 oz.	522 oz.	384 oz.	870 oz.	960 oz.	696 oz.
Concentrate (reconstituted)	388 oz.	460 oz.	315 oz.	823 oz.	896 oz.	630 oz.
RTU	384 oz.	474 oz.	338 oz.	832 oz.	913 oz.	643 oz.

* Mostly Breastfeeding Infants 0-1 months of age may only receive 1 can of powdered infant formula (MMA of 104 fl. oz. reconstituted powder)

Formula Tailoring Cheat Sheet

During a breastfeeding assessment, gather the infant's age and how many ounces of formula the infant takes per day. If the mother plans to continue with supplemental formula feeding at this rate, use the ounces per day of formula the infant is currently receiving to look up how many containers of formula they will need to be issued according to their age in months.

Key:

Mostly Breastfed
Some Breastfed & Fully Formula Fed

Standard Powder Formulas			
Oz. Formula Infant takes/day	Issue # / Mo 1-3 Months	Issue # / Mo 4-5 Months	Issue # / Mo 6-11 Months
6 oz.	2 cans	2 cans	2 cans
7 – 9 oz.	3 cans	3 cans	3 cans
10 -12 oz.	4 cans	4 cans	4 Cans
13 – 15 oz.	5 cans	5 cans	5 cans
16 – 18 oz.	6 cans	6 cans	6 cans
19 – 21 oz.	7 cans	7 cans	7 cans
22 – 24 oz.	8 cans	8 cans	--
25 – 27 oz.	9 cans	9 cans	--
28 – 29 oz.	--	10 cans	--

Concentrate Formulas (13 oz. Cans)			
Oz. Formula Infant takes/day	Issue # / Mo 1-3 months	Issue # / Mo 4-5 months	Issue # / Mo 6-11 Months
6 oz.	8 cans	8 cans	8 cans
8 oz.	10 cans	10 cans	10 cans
10 oz.	12 cans	12 cans	12 cans
12 oz.	14 cans	14 cans	14 cans
14 oz.	16 cans	16 cans	16 cans
16 oz.	18 cans	18 cans	18 cans
18 oz.	20 cans	20 cans	20 cans
20 oz.	23 cans	23 cans	24 cans
22 oz.	25 cans	25 cans	--
24 oz.	28 cans	28 cans	--
26 oz.	31 cans	31 cans	--
28 oz.		32 cans	--
30 oz.		34 cans	--

RTU Formulas (32 oz. Qt. Containers)			
Oz. Formula Infant takes/day	Issue # / Mo 1-3 months	Issue # / Mo 4-5 months	Issue # / Mo 6-11 Months
6 oz.	6 Qt.	6 Qt.	6 Qt.
8 oz.	8 Qt.	8 Qt.	8 Qt.
10 oz.	10 Qt.	10 Qt.	10 Qt.
12 oz.	12 Qt.	12 Qt.	12 Qt.
14 oz.	14 Qt.	14 Qt.	14 Qt.
16 oz.	16 Qt.	16 Qt.	16 Qt.
18 oz.	18 Qt.	18 Qt.	18 Qt.
20 oz.	20 Qt.	20 Qt.	20 Qt.
22 oz.	22 Qt.	22 Qt.	--
24 oz.	24 Qt.	24 Qt.	--
26 oz.	26 Qt.	26 Qt.	--
28 oz.	--	28 Qt.	--

Minimum/Maximum Number of Cans Allowed Per Breastfeeding/Age Category

Special Formula	Form	Reconstituted Oz/Container	Infants Mostly-Breastfed <i>Based on BF assessment</i>			Infants Some-Breastfed <i>Based on BF assessment</i> & Fully Formula Fed		
			1-3 mo.	4-5 mo.	6-12 mo.	1-3 mo.	4-5 mo.	6-12 mo.
Alfamino Infant	14.1 oz. Powder	94	4	5	4	5-9	6-10	5-7
Elecare for Infants	14.1 oz. Powder	95	4	5	4	5-9	6-10	5-7
Enfamil NeuroPro Enficare	13.6 oz. Powder	87	5	6	4	6-10	7-11	5-8
Neocate Infant w/ DHA &ARA	14.1 oz. Powder	97	4	5	4	5-8	6-9	4-7
Nutramigen	13 oz. Concentrate	26	14	17	12	14-31	18-34	13-24
Nutramigen w/ Enflora LGG	12.6 oz. Powder	87	5	7	5	5-10	7-11	5-8
Pregestimil	16 oz. Powder	112	3	4	3	4-7	5-8	4-6
Similac Alimentum	12.1 oz. Powder	87	5	6	4	6-10	7-11	5-8
	32 oz. RTU	32	12	14	10	13-26	25-28	11-20
Similac Neosure	13.1 oz. Powder	87	5	6	4	6-10	7-11	5-8
	32 oz. RTU	32	12	14	10	13-26	25-28	11-20
Similac Spit-Up	12.5 oz. Powder	90	4	5	4	5-9	6-10	5-7
Similac Total Comfort	12.6 oz. Powder	90	4	5	4	5-9	6-10	5-7

Steps for Calculating Infant Formula Issuance for Partially Breastfeeding Infants:

Step	Description	Example
1.	<p>Perform a breastfeeding assessment to explore the amount of breastmilk, if any, the infant consumes.</p> <p>a. If the infant is fully formula feeding, provide the MMA of an appropriate infant formula.</p> <p>b. If the infant is breastfeeding at all, explore the following details with the mother:</p> <ul style="list-style-type: none"> • Infant's age • Number/length of feedings per day on breast • Number of feedings and oz. per feeding w/formula 	<p>AJ is 8 weeks old (2 months). Mom reports he is nursing 6 times per day - 2x on the breast and 4x on the bottle. She has been providing Gerber Good Start, which her sister bought for her before they discovered WIC.</p>
2.	Use the information gleaned to calculate the approximate amount of formula the infant is receiving per day.	4 formula feedings/day x 5 oz./feeding = 20 oz./day formula
3.	Determine whether the infant is "mostly" or "some" breastfed	2/3 of feedings are formula, so this infant is "some" breastfed
4.	Multiply this number by 30 to get oz./month for formula	20 oz./day x 30 days = 600 oz./month
5.	Find the formula that you will be issuing and look at the number reconstituted oz. per container.	Similac Advance powder – 12.4 oz. can with 90 reconstituted oz.
6.	Divide oz. needed per month by oz. per container to get number containers needed per month	600 oz. needed / 90 oz. per container = 6.67 > round up to 7 cans per month
7.	Verify that this issuance is appropriate within the MMA range	<p>Some breastfed infants aged 2-3 months = 5-9 cans MMA</p> <p>Some breastfed infants aged 4 months = 6-10 cans MMA</p> <p>7 cans is appropriate in both ranges!</p>