# DC WIC Risk Code Cheat Sheet
# CPPA Use: All Categories

## WOMEN

### ANTHROPOMETRIC

| Code # | P | BF | NBF | Code Name | Code Description | Risk Status |
|---|---|---|---|---|---|---|
| 111 | I | - | - | Overweight | Pre-pregnancy BMI > 25 | © |
| 111 | - | I | III | Overweight | Pre-pregnancy BMI > 25 (women < 6 months postpartum) | © |
| 111 | - | I | - | Overweight | Current BMI > 25 (women > 6 months postpartum) | © |
| 133 | I | I | III | High maternal wt gain | Total pregnancy wt gain exceeds upper limit of the IOM's recommendations based on pre-pregnancy BMI | © |

### BIOCHEMICAL

| Code # | P | BF | NBF | Code Name | Code Description | Risk Status |
|---|---|---|---|---|---|---|
| 201 | I | I | III | Low Hemoglobin | | © |

### CLINICAL

| Code # | P | BF | NBF | Code Name | Code Description | Risk Status |
|---|---|---|---|---|---|---|
| 334 | I | - | - | Lack of Adequate Prenatal Care | No prenatal care or care delayed until after the third month (after 13th week) | © |
| 338 | I | - | - | Breastfeeding Woman Now Pregnant | Breastfeeding another child while currently pregnant | |
| 355 | I | I | III | Lactose Intolerance | Inability to digest lactose | # |
| 381 | I | I | III | Oral Health Conditions | Includes dental caries (cavities, tooth decay), periodontal disease (gingivitis, periodontitis), tooth loss… Document referral to dentist | # |
| HED | I | I | III | History of Early Term Delivery | Delivery of an infant between 37 weeks and 0/7 days and 38 weeks and 6/7 days gestation | |

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## DIETARY

| Code # | P | BF | NBF | Code Name | Code Description | Risk Status |
|---|---|---|---|---|---|---|
| 401 | IV | IV | VI | Failure to meet Dietary Guidelines for Americans | Presumed risk factor; use only when no other risk factor is applicable | © |
| 4WC | IV | IV | VI | PICA | Compulsively consuming non-food items | © |
| 4WD | IV | IV | IV | Inadequate supplementation | • Consumption of < 27mg iron as a supplement daily (P)<br>• Consumption of < 150µg supplemental iodine per day (BF/NBF) | |
| 4WE | IV | - | - | Consumption of foods that could be contaminated with pathogenic microorganisms | • Unpasteurized juice<br>• Unpasteurized milk<br>• Raw fish or shellfish<br>• Smoked seafood<br>• Hot dogs, luncheon meats not heated until steaming hot<br>• Raw/undercooked meats<br>• Soft, unpasteurized cheeses (queso fresco, Brie)<br>• Raw or undercooked eggs (sunny-side, poached, soft boiled)<br>• Raw sprouts | |

## ENVIRONMENTAL / OTHER

| Code # | P | BF | NBF | Code Name | Code Description | Risk Status |
|---|---|---|---|---|---|---|
| 903 | IV | IV | VI | Foster Care | Entering or moving during previous 6 months | © |
| 904 | I | I | VI | Environmental Tobacco Smoke (ETS) | Exposure to smoke from tobacco products inside the home on 4 or more days per week | © |
| 502 | | | | Transfer of Certification | VOC | © |
| 503 | IV | - | - | Presumptive Eligibility for Pregnant Women | Up to 60 days certification | |
| 601 | I | I | - | Breastfeeding mother of infant at nutritional risk | Woman breastfeeding an infant who meets a priority I or II medical risk criterion | © |

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## Infants and Children

### ANTHROPOMETRIC

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### BIOCHEMICAL

| Code # | Infants | Children | Code Name | Code Description | Risk Status |
|---|---|---|---|---|---|
| 201 | I | III | Low Hemoglobin | Infants, children up to 2years: 11.0 g/dl<br>Children 2-5 years: <11.1 g/dl | © |

### CLINICAL

| Code # | Infants | Children | Code Name | Code Description | Risk Status |
|---|---|---|---|---|---|
| 355 | - | III | Lactose intolerance | | # |
| 381 | I | III | Oral health conditions | Dental caries (“cavities”, “tooth decay”);<br>Document referral to dentist | # |

### DIETARY

| Code # | Infants | Children | Code Name | Code Description | Risk Status |
|---|---|---|---|---|---|
| 401 | - | V | Failure to meet dietary guidelines | Presumed risk factor -<br>Only use when no other risk factors available | |
| 4IA | I | - | Inappropriate sub for breastmilk or formula | • Low iron formula w/o iron supplements<br>• Cow’s milk, goat’s milk, or sheep’s milk<br>• Canned evaporated/sweetened condensed milk<br>• Imitation or substitute milks, or other “homemade concoctions” | |
| 4IB/4CC | IV | V | Using bottles, cups, pacifiers improperly | • Using a bottle to feed fruit juice**,** adding any food to infant’s bottle **(I)**<br>• Using a bottle to feed fruit juice, or diluted cereal or other solids **(C)**<br>• Feeding sugar-containing fluids such as soda, gelatin water, corn syrup solutions, sweet tea **(I)**<br>• Allowing infant/child to fall asleep or put to bed w/a bottle at naps, bedtime **(I, C)**<br>• Using a pacifier dipped in sweet agents such as sugar, honey, or syrups **(I, C)**<br>• Allowing infant/child to use bottle without restriction or as a pacifier **(I, C)**<br>• Propping the bottle when feeding **(I)** | |

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|---|---|---|---|---|---|
| | | | | • Allowing infant/child to carry around and drink regularly from a training cup **(I, C)**<br>• Using a bottle for feeding or drinking beyond 14 months of age **(C)** | |
| 4IE/4CE | IV | V | Foods possibly contaminated with microorganisms | • Unpasteurized fruit/vegetable juice **(I, C)**<br>• Unpasteurized dairy products, soft cheeses **(I, C)**<br>• Honey **(I)**<br>• Raw/undercooked meat, fish, poultry, eggs **(I, C)**<br>• Raw sprouts (ie: alfalfa, clover, bean) **(I, C)**<br>• Deli meats, hot dogs, processed meats (unless heated til steaming hot) **(I, C)**<br>• Donor human milk acquired directly from individuals or the internet **(I)** | |
| 4IH | IV | - | Unsanitary prep/storage of breastmilk/formula | • Limited or no access to a:<br>o Safe water supply (documented by appropriate officials)<br>o Heat source for sterilization<br>o Refrigerator or freezer for storage<br>• Donor human milk acquired directly from individuals or the internet | |
| 4IK/4CH | IV | V | Inadequate use of dietary supplements | • Infants ≥ 6 months ingesting < 0.25mg fluoride daily when water supply contains < 0.3 ppm fluoride **(I)**<br>• Infants exclusively breastfed, or ingesting < 1 liter per day of vitamin D-fortified formula, and not supplementing with 400 IU vitamin D **(I)**<br>• Providing children < 36 months of age < 0.25 mg of fluoride daily when the water supply contains < 0.3 ppm fluoride **(C)**<br>• Providing children 36-60 months <0.50mg fluoride daily when water supply contains < 0.3 ppm fluoride **(C)**<br>• Not providing 400 IU vitamin D if a child consumes < 1 liter (or 1 quart) of vitamin D fortified milk or formula **(C)** | |
| 4CA | - | V | Inappropriate beverage as primary milk source | • Non-fat/reduced-fat milk (between 12-24 mo) or sweetened condensed milk<br>• Imitation or substitute milks; or other "homemade concoctions" | |
| 4CB | - | V | Routinely feeding sugar-containing fluids | • Soda/soft drinks, sweet tea<br>• Gelatin water<br>• Corn syrup solutions | |
| 4CI | - | V | Pica | Routine ingestion of non-food items | © |
| 428 | IV | V | Dietary risk associated with complementary feeding | An infant or child who has begun or will begin to…<br>1) consume complementary foods/beverages<br>2) eat independently<br>3) be weaned from breast milk/ formula<br>*4)* transition from a diet based on infant/toddler foods to one based on the *Dietary Guidelines* | Must use w/code of concern from 411/425 |

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## ENVIRONMENT / OTHER

| Code # | Infants | Children | Code Name | Code Description | Risk Status |
|---|---|---|---|---|---|
| 502 | | | Transfer of certification | VOC Card | © |
| 701 | II | - | Infant born to woman enrolled in WIC | Infant < 6 months of WIC mother, or of a woman who would have been eligible during pregnancy | |
| 702 | IV | - | Breastfed infant of woman at nutrition risk | Breast-fed infant whose mother is certified for a Priority IV risk factor | |
| 903 | IV | V | Foster care | Has entered foster care or has been moving from one foster care home to another during the previous six months | © |
| 904 | I | III | Environmental Tobacco Smoke (ETS) | Exposure to tobacco products inside the home on 4 or more days per week | © |